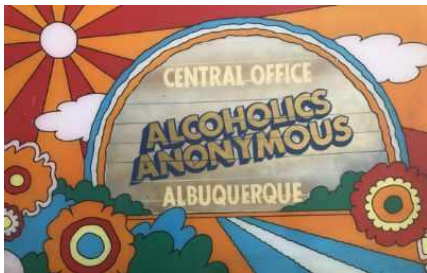




Capital News-- February 27, 2023

Caring for God's House - Together



Alcoholics Anonymous

Alcoholics Anonymous may be best known for what it is NOT.

- There is no cost to participate and no fundraising.
- There is no religious affiliation.
- There is no effort to recruit new members.
- There is no age or education requirement.

AA is a fellowship of people (men's group, women's group, coed/mixed group) who come together to solve their drinking problem, free from outside influence. There are 475 such groups in the Albuquerque metro area. One meets at our church.

The goal is to help alcoholics achieve sobriety. The 12 Steps are a set of spiritual principles. The organization has 12 Traditions as well; these are traditions but are not rules. The Steps and Traditions can help people resist the obsession to drink and help the sufferer recover from alcoholism. The book "Alcoholics Anonymous" describes the AA recovery program. AA's general office is in New York City.

The fellowship works through sharing stories – but it does not impose anything. AA works when there is a connection with other alcoholics. The Monday meeting at RRPC is open only to people having trouble with alcohol; the Friday meeting is open to all. For example, Al Anon folks can attend. Both are listed in the Witness calendar and meet at 7p.m. People volunteer to be the chairperson for each meeting in this is bottom -up style of organization. Each group might have 10-15 people attend each meeting. New meetings form when someone seeks a new place for the meeting to locate.

Alcoholism is a problem that affects the whole family. The family is invited to take part in Al Anon, which also has a meeting at RRPC. Check the RRPC web page for that edition of Capital News.

Refer questions to Arlene Thomas 505-900-1702 or the Albuquerque regional office at 505-266-1900. This phone is staffed 24/7.

Thank you for your support!

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